



FALL SCHEDULE VALLEY - 2019



COMPLETE FALL SCHEDULE BELOW

FALL DETAILS & OVERVIEW:

- **COST** - \$75 per Fall Program Selected – **2 Program Special:** \$130 for each 2 selected.
- **By being part of one of our Fall Programs – Hitting – Pitching – or Defense... The following are also included for Club Team Players.**
 - Continued assistance in the College Recruiting Process (2020 Grads)
 - Introductory assistance in the College Recruiting Process (2021 & 2022 Grads)
 - Off-Season Throwing & Arm Care Program
 - Off-Season Baseball Strength Training Plan
 - HIIT Program (Designed to increase speed, agility, quick burst movements & stamina)
 - Flexibility Training Plan
 - The Power of Goal Setting – 1 Goal
 - Plan to prepare players for the 60 / 90 field & 'Drop 3' Bat (**Incoming Freshmen**)
- Select Club Team Players could also be invited to compete in a top Fall Showcase Tournament if we attend, as well as College Team Camps as they're scheduled.



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ALL FALL PROGRAM DATES ARE SUNDAY'S

FALL PROGRAM	SESSION	LOCATION	DATES	TIME
Fall Pitching Program	<i>Early Fall</i>	<i>Modesto</i>	<i>September 22 – 29 – October 6 – 13 – 20</i>	2:00 to 3:00 PM
Fall Defense Program	<i>Early Fall</i>	<i>Modesto</i>	<i>September 22 – 29 – October 6 – 13 – 20</i>	3:00 to 4:00 PM
Fall Hitting Program	<i>Early Fall</i>	<i>Modesto</i>	<i>September 22 – 29 – October 6 – 13 – 20</i>	4:00 to 5:15 PM
\$75 Each or 2 for \$130				
Fall Pitching Program	<i>Late Fall</i>	<i>Modesto</i>	<i>October 27 – November 4 – 11 – 18 - 25</i>	1:00 to 2:00 PM
Fall Defense Program	<i>Late Fall</i>	<i>Modesto</i>	<i>October 27 – November 4 – 11 – 18 - 25</i>	2:00 to 3:00 PM
Fall Hitting Program	<i>Late Fall</i>	<i>Modesto</i>	<i>October 27 – November 4 – 11 – 18 - 25</i>	3:00 to 4:15 PM
\$75 Each or 2 for \$130				
CAMP - GAMES		LOCATION	DATES	TIME
SF State Team Camp	\$75	<i>SF State</i>	Saturday - September 7th	
Cal State Monterey Bay Team Camp	\$75	<i>Cal State Monterey</i>	Saturday - September 28th	Date of Team Camp Could Change
University of Pacific Team Camp	\$75	<i>U of Pacific</i>	Saturday - October 12th	Date of Team Camp Could Change
Under Armour – Fall National Championships	<i>Tentative Event Estimated \$175</i>	<i>Greater LA So-Cal</i>	October 26, 27 & 28th	